ISHN 19th Annual Meeting
30 June - 5 July 2014

in the Palais des Académies
in Brussels
Why Brussels

Brussels, ... in the heart of Europe!
Why Brussels

Brussels,
... in the heart of Europe!

Easy Access
- Plane
- Train
- Motorway, ...
Easy Access

Easy to reach...
By plane to Brussels...

- Direct flights from 200 destinations in 66 countries
- 500 million Europeans can reach us in less than 3 hours!
- Special Congress rates with Brussels Airlines & Star Alliance
- Airport accessible by train, bus & taxis in less than 20 minutes
Easy Access

Easy to reach...
By train to Brussels...

Fast rail connections to many European cities

- Paris: 1 H 21
- London: 1 H 51
- Amsterdam: 1 H 53
- Frankfurt: 3 H 00
- Köln: 1 H 47
Easy Access

Easy to move around the city

- Dense subway network
- Hotels, museums, restaurants & historical sights within walking distance
- Bikes for rent (Vilo) available everywhere in the city
Brussels,

City of Culture:
- Monuments, a surreal mix of modernity and history
- Largest number of Museums per inhabitant in Europe!
- More than 2,000 restaurants, bars & discos
- Over 14,500 cultural events per year!
Why Brussels

Brussels,

City of Science:

- Four universities and numerous colleges and post-graduate institutions
- Seven university hospitals
- A quality of healthcare that places Belgium 2nd in Europe and 4th in the world
Palais des Académies

- Ideal location in the historical heart of Brussels
- 20 minutes from the airport by train or taxis
- Situated next to the Royal park
Accommodation

Renaissance Brussels Hotel (A)

Palais des Académies
Accommodation

Chambord Hotel (A)

Palais des Académies
Accommodation

Hotel La Madeleine (A)

Palais des Académies
Get Together Party

Belgian Cheese & Beer
Monday 30 June, 6 pm

- Palais des Académies
Excursion to Leuven/Louvain

- Oldest Belgian University, founded in 1425, now split in 2 universities: UCLouvain & KULeuven
Day Trip

Excursion to Leuven/Louvain

- Famous students and teachers:
  - Andreas Vesalius (1514 – 1564)
  - Theodor Schwann (1810 –1882)
  - Arthur Van Gehuchten (1861-1914)
  - Albert Michotte (1881-1965)
Gala Dinner

- Friday 4 July, 7 pm
- Cercle Royal Gaulois
Scientific Program

- History of Sleep and Wakefulness Research and History of Sleep Medicine

- Neuroscience and WWI
  - Psychological Trauma
  - Neurosurgery

- Neuroscience in Belgium

- Neuroscience and Arts
  - Magritte and Surrealism
  - Comic Strips

- Your suggestions …
Accompanying persons

Experience Brussels

Various activities in the city:
- Gourmet
- Fashion
- Art Nouveau
- The Other Europe
- Comic Strip

Experience Belgium

Discover the Green Wallonia…

Namur – Dinant – Liège

or enjoy a trip in Historic Flanders…

Bruges – Gent – Antwerp

Flanders Fields
Thank you!

...so see you next year in Brussels!

www.visitbrussels.be/meetings