25th MEETING OF THE INTERNATIONAL SOCIETY FOR THE HISTORY OF THE NEUROSCIENCES

Rennes, France

TRAVEL INFORMATION

2020

7 – 11 July

More information on
ishn.org
General Information

- **Currency**: The official currency of France (and therefore Rennes) is the **Euro (€)**. Most of the restaurants, shopping centers, hotels, etc. accept **credit cards**.

- **Language**: The official language of the ISHN meeting is **English**. **French is the language spoken in Rennes**. English can be spoken in some restaurants and hotels, but it is advised to bring along a French-English dictionary or an electronic translator.

- **Passports and Visas**: For attendees requiring additional entry documentation, **advance travel planning** and **early visa application** are important. All attendees should review the website below and/or contact their local embassy to determine what, if any, **travel documents** they will need to travel to France. The Official Visa Website for France: [https://france-visas.gouv.fr/en_US/web/france-visas/](https://france-visas.gouv.fr/en_US/web/france-visas/)

- **Personal Insurance**: It is recommended that all attendees take out a **personal travel and health insurance policy** for their trip to the ISHN meeting in Rennes.

- **Phone Calls**: In order to make a call to a landline phone in Rennes from abroad, first enter the country code (0033) and then the area code for Rennes (02). The rest of the dialed number consists of 8 digits.

- **Public transport**: Don't stick to taking taxis (which are expensive in France). Instead, try to use public transportation such as train, buses, or subways.

- **Temperature**: In Rennes, you are most likely to experience good weather during the month of July with pleasant average temperatures that fall between 20 degrees Celsius (68°F) and 25 degrees Celsius (77°F) – even though we had higher temperatures in the past years. On average, the warmest month is July.

- **Tipping**: Tipping in France isn’t required and there is no set rule for how much to tip. It is solely up to you.

- **VAT**: The sales tax on goods and services in France is known as the Value Added Tax (VAT). The standard VAT rate in France is 20%. Restaurants and fast-food outlets will charge 10% VAT.

- **Voltage**: In France, the standard electrical voltage is 230 volts and the frequency is 50Hz. You can use your electric appliances in France if the standard voltage in your country is between 220 – 240V.
Getting to Rennes

- **Getting to Rennes by train**: Thanks to the LGV network (high-speed rail network for TGVs), Rennes is **90 minutes away from Paris**, departing from Gare Montparnasse or 2h30 departing from Roissy-Charles de Gaulle airport (41 different trains that run between Rennes and Paris each day, with one out of two being express routes).


- **Travel to Rennes by air**: Rennes airport is an hour away from Roissy-Charles de Gaulle airport by air. Direct flights run to Rennes from **France's major cities** every day (Paris, Bordeaux, Toulouse, Marseille, Nice, Lyon), but also from a number of **major European cities** (London, Southampton, Birmingham, Exeter, Manchester, Dublin, Cork, Madrid, Barcelona, Amsterdam, Rome, and more). The Rennes-Saint-Jacques airport is **20 minutes away from the city center** (bus C6 or taxi).

  Rennes Bretagne Airport: [https://www.rennes.aeroport.fr/en](https://www.rennes.aeroport.fr/en)

- **Travel to Rennes by road**: If you're driving, Rennes is **three and a half hours away from Paris** (via the A11 and A81), an hour away from **Nantes**, four and a half hours away from **Bordeaux** and five and a half hours away from **Lille**.


There's accommodation options to suit all profiles in Rennes: budget hotels, high-end establishments, youth hostels, inns, camp sites or tourism residences. We advise you to book an hotel located in the city center, or near a subway station.

More than 80 million people visit France every year, a good portion of them in the summer months: be sure to book your trip (travel & accommodation) in advance!


Venue

Amphithéâtre du Centre Cardio-Pneumologique (CCP)
CHU Pontchaillou
2 Rue Henri le Guilloux
35000 Rennes

• 140 seats
• Access points: car/taxi, bus & subway: 2 min from the subway (Subway station: Pontchaillou) and < 10 min from downtown (subway or by road)
See you in Rennes! July 7–11, 2020

Any question?

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